



DPAC Full Membership Meeting Minutes October 11, 2012

Micki Juip and Dr. Paul M. Dake, DPAC Co-Chairs, welcomed new and returning members to the meeting and reviewed the agenda. The annual DPAC Membership Survey was distributed as well as a pilot survey on oral health and diabetes from the National Children's Dental Health Project. Finally a small icebreaker was completed where participants introduced themselves to someone at a different table and shared one thing they would like to gain from today's meeting.

Diabetes Prevention and Control Program (DPCP) Update

Richard Wimberley, MDCH Diabetes and Other Chronic Diseases Section Manager, spoke very briefly on DPCP updates. Participants were directed to handout in the packet for detailed program highlights.

National Diabetes Prevention Program

Dr. Gretchen Piatt of the University of Michigan, Department of Medical Education presented an overview of the Diabetes Prevention Program (DPP), the adaption of the curriculum (with a focus on Pittsburgh) and CDC's efforts and the National Diabetes Prevention Program (NDPP) components. The presentation concluded with activities underway related to the DPP expansion in Michigan. Please see slides for detailed information.

Weight of the Nation: Type 2 Diabetes Supplement (shown at lunchtime)

DPAC Workgroups and Membership Committee Reports

The workgroups met in the morning and each workgroup reported on their current activities. The highlights include:

Advocacy and Public Policy:

Sally Joy reported the MDCH Diabetes and Kidney line is maintained and the next Diabetes and Kidney Advocacy Day is April 30th, 2013. The workgroup assisted with the planning for the November 8th National Diabetes Month event in the Capitol Rotunda. Sally mentioned the Special Diabetes Program is up for renewal next year in Congress and provided a funding reauthorization template letter to Congressman Dave Camp to interested coalition members. Finally, the workgroup discussed the recently introduced Medicare Diabetes Prevention Act and distributed an ADA Action Alert on the act for additional information.

Communication and Public Awareness:

Robin Nwankwo reported the workgroup is working on two upcoming newsletters; including one for the upcoming National Diabetes Month. The group is working closely with the Advocacy Workgroup on the National Diabetes Month event at the Capitol. The workgroup has done a lot of work on the *Make A Move* Diabetes Awareness Initiative, including pilot testing messages, examined website statistics and designed the partner survey. There will be a presentation on *Make A Move* shortly.

Data, Research, and Evaluation (DaRE):

Michelle Byrd (the new MDCH DPCP Epidemiologist) reported that she presented today to the workgroup on Community Commons. She reviewed the website and demonstrated the following: how to use the interactive mapping tool (used prevalence data as an example), how to overlay data and initiatives, and how to access the Community Commons tutorial. To find out how to make GIS maps and list your own organizations go to <http://www.communitycommons.org/>.

Prevention:

Bill Young reported the Workgroup is divided into two teams: the Childbearing Age Team and the NDPP Team. The Childbearing Age Team is working on the completion of one pager targeting women who are of childbearing age who anticipate starting a family in the future. The one pager topics are nutrition, physical activity, and stress. The NDPP Team is broken into two sections: Employers and Third Party Payers. Both groups are exploring messaging and tools to their respective target groups.

Training and Education

Susanna Robinson reported the workgroup's project is developing one pager(s) on addressing barriers to diabetes care. The target audience is primarily providers. The one pagers address common barriers, are simple to understand, and are available on the DPAC website. The latest two are included in the meeting packet. The workgroup is exploring new topics, an examination of barriers for specific populations. If you had any feedback or one pager topics, please contact Susanna or Gloria.

Southeast Michigan Beacon Community

Dr. Herbert Smitherman provided an overview of the Southeast Michigan Beacon Community (SEMBC) which included the project target goals, measures and interventions. He specifically focused on clinical transformation including ambulatory care, patient health navigators, and the emergency department intervention (screening undiagnosed people with diabetes or prediabetes and referring them to SEMBC programs). Dr. Smitherman presented the data on two hospital systems participating in the ED intervention and their alarming preliminary results for people classified as having diabetes and prediabetes. To learn more about Beacon please see presentation slides.

EnhanceFitness Demonstration

A short demonstration was conducted by Lisa Hellems, YMCA Certified *EnhanceFitness* Instructor.

Make A Move Diabetes Awareness Initiative

Anne Esdale and Jennifer Edsall presented on the new DPAC diabetes awareness initiative, *Make A Move*. An overview of the initiative, including the unveiling of the first tagline, *Make A Move, Know Your Diabetes ABCs* was presented. The DPAC Communications Workgroup has taken a prominent role in this initiative. Current work, evaluation plans, as well as promotional ideas for coalition members were shared with the membership.

Micki Juip and Paul M. Dake had a couple of final announcements:

Kathy Pruneau-Hill is stepping down from her DPAC work. Kathy has been a DPAC member for 25 years and served on the DPAC Board, Membership Committee, and lastly the Prevention Workgroup. Kathy has been exceptional and a valued member, particularly in revamping DPAC. A special thank you to Kathy for all of her great work and long standing contributions!

DPAC, in conjunction with the ADA, will be hosting a Diabetes Month event at the State Capitol Rotunda on Thursday, November 8th. Please plan to attend!

The Co-Chairs thanked everyone for attending and for all of their many contributions they provide in the workgroups.

The Full Member meeting was adjourned at 4:00 p.m. See Attachment A for a full list of handouts.

The next DPAC full member meeting is scheduled for May 2nd, 2013, at the MSU Kellogg Center in East Lansing.

APPENDIX A

The following handouts and support materials were provided as part of the participant packet:

- DPAC Full Membership Meeting Agenda
- MDCH Diabetes Prevention and Control Program Update
- Southeast Michigan Beacon Community-presentation slides
- The National Diabetes Prevention Program: An Update on Efforts in Michigan-presentation slides
- *Make A Move* Diabetes Awareness Initiative-presentation slides, toolkit, and draft activity form.
- DPAC Board Update
- DPAC 2012 Annual Membership Survey
- 2011 MDCH Behavioral Risk Factor Survey Estimates: Diabetes
- DPAC Diabetes Month at the Capitol Flyer
- DPAC Fall Newsletter
- Reducing the Barriers on Self Monitor Blood Glucose (SMBG) and also Reducing the Barriers to Physical Activity (Training and Education Workgroup One Pager Project)
- “Hemoglobin Variants and Use of the HbA1c as a Diagnostic” (DaRE Workgroup Brief)
- DPAC Full Membership Meeting Evaluation Form
- DPAC Member List-Fall 2012
- DPAC Workgroup Contact List
- MSU Kellogg Center floor plan

Additional materials distributed: Make a Move products, Michigan Optometric Association “Diabetes and the Eye” handout, and the MDCH “Oral Health Across the Life Span: Test Your Knowledge” and the YMCA *EnhanceFitness* Brochure.