

DPAC Prevention meeting 11-28-12

Wednesday, November 28, 2012

10:02 AM

Kristi Pier, Christi Demitz, Cathy Newkirk, Lorelei Black, Bill Young, Linda Cronk, and Jen Nicodemus

Mid to large sized employers. In line with Governor's goals.

Outcome: evaluation results to share with the other work group to show to insurance companies to cover as benefit.

Action Steps :

1. **Handouts and other tools** - in draft form, need to update. Deadline for updates is before outreach to employers-based on work plan table. **December 14th our goal to finalize.** Send to Christi Demitz. Think: what other tools with you need to take with you to meet with employers.
 - a. Talking Points handout - add points about costs, benefits, etc.
 - b. DPAC/NDPP Fact Sheet handout
 - c. Workplace Implementation Guidelines
3. **Finalize an employer list-**
 - a. PRP list - on DPAC website from homepage scrolling banner across the top with highlights.
 - b. Team members to come up with employers for the list - names and locations. Send at least one or more to Lorelei, link it back to which PRP or recognized agency would be lead to run the program. Provide a contact person at that employer. Can be employers you want to contact or have some insight about employers. Goal is to get at least ten, because we want to implement at least 3.
 - c. **Deadline: by Friday, December 7.**
 - d. Part of work plan of those organizations trained to get NDPP out into the community.
4. **Committee to meet after these deadlines to finalize handouts and employer list on Tuesday, December 18th, 10-11 a.m.**
5. **Budget-Employer costs:** develop simple spreadsheet to estimate costs. Costs differ with each employer's details. Should we as a group set an amount? Might not be what each org might need. Could use the PATH budget scenario templates that are on the www.mihealthyprograms.org site. YMCA also did a sample budget.
6. **Employer Packet-** Kristi Pier: based on past experience, a nice folder, including the NDPP Study and the Deploy study, to share with employers is a good idea. Thought: The PRP is the one going to the employer, they establish the group. May need to pull in other recognized organization to help recruit. Cathy Newkirk will help.
7. **Coordinate, not compete:** Cathy Newkirk: helpful to coordinate, nobody wants to compete for an audience in a given community. Has contacts in communities who don't have lifestyle coaches, willing to travel. Washtenaw - Jen at the Y. Confusion about the red stars. In a city. Colored,

have a county focus. DHD#10 is good example. Their LS coaches cover entire counties. May have programs in more than one town in a given county. Share thoughts with how to clarify the symbols. Kristi: only 15 people in a given class, so many with pre-diabetes, we probably won't need to worry about geographically competing.

8. **Outreach: done by February 15th.**
9. **Implementation by June 1st to at least 3 employers.**
10. **Kristi: invite a PRP to the group?** Have several on the team already, including MSUE, Kidney Foundation. Working on DHD#10, because they want to go to employers. Also, there is a group in Flint - the Hurley Health and Fitness Center, now recognized organization. Kristi will contact them as well. Cathy and Linda will notify MSUE peers to see if they plan to contact employers, and want the materials. Can make this available to all who are recognized when they go out to meet with employers.