



DPAC Full Membership Meeting Minutes April 29th, 2010

Micki Juip and Peter Dews, DPAC Co-Chairs, welcomed new and returning members to the full member meeting and reviewed the agenda. They thanked Novo Nordisk and Sanofi-Aventis for sponsorship of the meeting.

The Role of the Hemoglobin A1C in the Diagnosis of Diabetes

A presentation was provided by Hemant Thawani, MD from Hurley Medical Center. An explanation was given on diabetes, the A1C test, and an algorithm to calculate Type 2 diabetes risk. An explanation of the 2010 ADA Standards of Medical Care, Diagnostic Criteria grant was given, including the new addition of the use of the $A1C \geq 6.5\%$. Advantages and limitations of using the A1C for diagnosis were given, including greater convenience and stability. Limitations included greater cost, less people diagnosed (compared to using $FPG \geq 126$), limited availability in other parts of the world, and the exclusion of people who have anemia and gestational diabetes mellitus (GDM). Diagnostic criteria were given for testing for diabetes in asymptomatic adults as well as GDM. The presentation concluded with a discussion on the use of the A1C for diagnosis.

Diabetes Prevention and Control Program (DPCP) Update

Dan Diepenhorst, MDCH Diabetes and Kidney Disease Unit, Manager, announced the departure of Anne Esdale and the posting of her position. The Unit has submitted a successful reapplication for the CDC grant, Year 2, and does not have any new changes to report in the state budget. The program and personnel losses remain, and the legislature has yet to finalize a FY 2010-2011 budget. Additional topics included: enhanced DPAC website and new Facebook page, embarking on diabetes strategic planning, a description of a recent announcement on the national partnership on the Diabetes Prevention Program (DPP) and a local 16 week DPP program being implemented in a Jackson DSMT setting. Some current Diabetes Unit projects include: two poster presentations at the CDC diabetes conference, key informant interviewing on the DON loss, coalition building, and building a Diabetes Data Library.

Diabetes Retinopathy

Edward Stein, OD, Michigan Optometric Association, presented on the basics of diabetes retinopathy including: symptoms, disease progression in Type 1 and Type 2 Diabetes, epidemiology, and recent studies. Dr. Stein described what happens to the eye including bleeding blood vessels, white lesions (cotton wool spots), and beading (bulges in the wall of the vein). Since diabetes retinopathy is the number one cause of blindness for adults age 20-74, Dr. Stein stressed the importance of an annual eye exam, timely treatment, and the proper control of diabetes is paramount for the prevention and control of diabetes retinopathy.

CVD and DM: The West Michigan Diabetes and Cardiovascular Health Partnership

Sarah Poole, from the American Heart Association, gave a presentation on the basics of cardiovascular disease, diabetes, and their connections. Some statistics cited include cardiovascular disease is the leading cause of death for persons with diabetes (PWD), heart disease strikes PWD twice as often (compared to those without diabetes), and that cardiovascular complications occur at an earlier age and often result in premature death. The latter part of the presentation concentrated on the West Michigan Diabetes and Cardiovascular Health Partnership, whose main objective is to reduce the impacts of cardiovascular disease and diabetes in their community. Details were shared including partnership formation, members, accomplishments, lessons learned, and next steps. For more information on the partnership, please visit <http://wmdchp.shutterfly.com/>.

DPAC Board Update

Micki Juip and Peter Dews thanked current Board members for their contributions to DPAC. They also highlighted the handouts in the folder, the January Board Meeting Minutes, and mentioned the new Facebook page (link from our website, www.dpacmi.org). Peter announced his intention of stepping down as DPAC Co-Chair. He will remain in the position until a new Co-Chair could be found, and plans to continue as a DPAC member. Dr. Dews stated that he has enjoyed being a co-chair, and being a part of all the great work DPAC does. After this announcement, Dan Diepenhorst addressed the membership and informed them of the passing of DPAC member Joanie Koets. He then shared a few stories about Joanie and then invited Joanie's daughter, Jennifer Koets up to the podium. Jennifer gave a touching tribute to her mother and voiced her mother's passion and enthusiasm for working with people with diabetes, especially in her work with Joining People with Diabetes. Donations were collected and the monies will go towards the PATH program. For more information regarding donation efforts, please contact Jennifer Edsall.

Priority Health: Outpatient Case Management, a Patient Centered Care Model

Kelli Pickett, Priority Health Case Management Administrator, shared with the DPAC membership Priority Health's incorporation of the Patient Centered Medical Home Model into their case management program. Kelli discussed her own experiences working in case management and essential elements of the patient centered medical home model and case management. She then presented on Priority Health's integrated care coordination model, including team composition, enhanced communication, various referral avenues, cost savings, and outcomes.

DPAC Workgroups and Membership Committee Reports

The workgroups met from 1:00 – 2:30, following lunch. Each workgroup reported out on their current activities and/or their priorities for the coming year. The highlights include:

- Membership – Another new member orientation was provided prior to this meeting with three new members. The committee is currently working on the revision of the Membership Committee Charter and the DPAC Member Job Description. The group is in need of additional members, and is deciding its next steps.
- Training and Education Programs – The workgroup is wrapping up its oral health and pregnancy projects and will be posting an evaluation survey online. The group is in discussion on its next project. Some ideas included the promotion of the Road to Health Toolkit and the PATH program. Susanna Robinson, Co-Chair, thanked Dawn Crane for all of her expertise and leadership.
- Communications and Public Awareness - The workgroup discussed the upcoming DPAC newsletter which will feature genomics of diabetes and also how to make healthy food choices at family reunions. The workgroup also discussed the new Facebook page, promotion of NDEP and DPAC materials and thanked Anne Esdale for her workgroup leadership.
- Prevention – In today's meeting the workgroup had a presentation from Ruth Kaleniecki from NKFM on their youth prevention programs, followed up with a discussion on the possibility of supporting their efforts. The workgroup is still working on their articles (the next one is focusing on diagnostic tests) and the revision of the Diabetes Treatment Plan and brochure.
- Data, Research and Evaluation – The DaRE workgroup just completed the A1C for the Diagnosis of Diabetes Translation Brief (in the packet) and also discussed upcoming translation brief topics, including sleep and diabetes and cost analysis. A general discussion was had on the dissemination and use of materials including health literacy issues. In today's meeting, a presentation was done by Amy Curtis on the geographical representation of Michigan Diabetes Assets, including the number of diabetes educators, endocrinologists, support groups, DSME sites, and the use of A1C testing in the Medicare population.
- Advocacy and Public Policy – An update was given on the 2010 Diabetes and Kidney Day (held the day before on April 28th). Around 100 people participated, approximately 10 of these were DPAC members. The day went well, but according to Sally Joy, "it was a

challenging time, given our current economic climate". The workgroup is also tackling submitting feedback on the revision of the Michigan Department of Education Diabetes in School Guidelines. They are also keeping their eye on state legislation, particularly the Michigan Care of Students with Diabetes Act, federal legislation, and also the national DPP-YMCA-Walgreens partnership.

Micki Juip thanked everyone for attending and for all of their many contributions they provide in the workgroups.

The Full Member meeting was adjourned at 3:50 p.m. See Attachment A for a full list of handouts.

The next DPAC full member meeting is scheduled for October 8th, 2010 at the Kellogg Center, East Lansing.

APPENDIX A

The following handouts and support materials were provided as part of the participant packet:

- DPAC Full Membership Meeting Agenda – April 29, 2010
- Role of the A1C in DM Diagnosis- presentation slides
- Making the Link Between Cardiovascular Disease and Diabetes-presentation slides
- NACDD Vision and Eye Health Council, Diabetes and Vision Handout
- Retinal Vascular Diseases Handout
- American Optometric Association (AOA) Diabetic Retinopathy
- AOA Fundus of the Human Eye Graphic Representation
- Priority Health-presentation slides
- DaRE Translation Brief-A1C for the Diagnosis of Diabetes
- DPAC Spring 2010 Newsletter
- MDCH Diabetes and Kidney Disease Unit Update
- ADA Health Care Reform and People with and At-risk for Diabetes
- DPAC Members 2010 Geographical Representation Map
- DPAC Full Membership Meeting Evaluation Form
- DPAC Member List-April 29, 2010
- DPAC Workgroup and Committee Leadership Contact List
- DPAC Nomination Form
- DPAC Full Membership Meeting Minutes – October 5, 2010
- Kellogg Center floor plan

A copy of the DPAC FY 09 Annual Report was distributed at the Registration Table