

The Transition from Adolescence into Adulthood

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About Me

- Diagnosed April 1994
- Graduated from MSU in 2010 and UDM in 2012
- Use a Medtronic Insulin Pump
- JDRF
- Staff Nurse at Children's Hospital of Michigan



As A Kid...

- Harder on the parents
- School
 - Must have snacks in the middle of the day
 - Have to test blood sugar in the office
 - High/low blood sugar and exams
- Holidays
 - Halloween

As a Teenager

- The age of self-consciousness
- Driving
- Dating



Onto College

- Lots of life changes
 - Live on your own
 - Plan your own meals
 - Drinking
 - May need a new doctor



All Grown Up

- Real life: Get a job
- Health insurance
- Friends are important

Advice for the Patients

Although it is scary now, diabetes is not in any way the worst thing in the world. With time, being diabetic will just be another aspect of your life and something that makes you unique. Everything is overwhelming at first, but a world of opportunities has now opened up for you. GET INVOLVED!!!!