Michigan Department of Community Health- Diabetes Prevention and Control Program (DPCP) Highlights

Richard Wimberley, Manager, Diabetes and Other Chronic Diseases Section DPAC Full Membership Meeting—November 14, 2013

- 1. **DSMT CERTIFICATION PROGRAM:** There are currently 91 certified programs in Michigan. Spectrum United in Greenville was certified in June, 2013 and Promedica Bixby (a site associated with Promedica Herrick) was just certified in September, 2013. MDCH was notified this month of two program closures: Mercy Health Partners Lakeshore and McLaren Central). Random site visits for FY 12-13 were completed in July. Site visits for FY13-14 will begin in October.
- 2. DIABETES PREVENTION AND CONTROL PROGRAM (DPCP) CDC Grant: The competitive 5 year funding opportunity application was submitted in April (required to submit with Obesity, Cardiovascular and School Health) and Michigan was awarded both Basic and Enhanced funding, however, there was an approximately 40% reduction in Diabetes funding overall. Work over the five year funding cycle (until 2018) will address the CDC's four domains: health systems change, community and clinical linkages, epidemiology and surveillance, and policy and environmental change. But, the majority of the Diabetes work plan will center on health systems change, community and clinical linkages and surveillance (through the Behavioral Health Risk Survey or BRFS). Promotion of ADA recognized, AADE accredited, state certified, and Stanford licensed programs will be prime activities for both the Basic and Enhanced work plans. (Summary of CDC 1305 Grant Attached).
- 3. Diabetes Leadership Initiative (DLI): Michigan is one of four states currently participating in a small demonstration project called the Diabetes Leadership Initiative funded through the National Association of Chronic Disease Directors (NACDD). Its purpose is to improve the health of people with diabetes by building awareness among both providers and patients of the need to detect, delay and manage early kidney disease. The Michigan DPCP is working with Henry Ford Health System's DSME Program and the Center for Family Health, an FQHC in Jackson, to institute a health system change so health professionals identify and manage people with diabetes and stage 3 and 4 CKD earlier. Management includes referrals to medical nutrition therapy and a nephrologist as appropriate. Short videos designed to provide primary care providers with education on CKD management tips have been created and by October will be posted on www.youtube.com/primarycaresnapshots. Additional plans for dissemination through partners are being discussed. The DLI project continues through September 30, 2013, with a summit to discuss lessons learned planned for December 12 in Baltimore. In addition, the Center for Family Health has had discussions about applying the DLI framework and approach to people living with hypertension as well as diabetes. CKD, the DLI and the Primary Care Snapshots will be the subject of the next DSME Webinar in the spring of 2014.
- **4. Diabetes PATH and Office of Services to the Aging (OSA)**: Diabetes and Arthritis staff are partnering with the OSA to promote diabetes self-management in their communities. A Diabetes PATH leader email list has been created for statewide communication purposes. A summary of 2013 OSA PATH information is included in the meeting packet.

- **5. Diabetes Prevention**: The DPCP was awarded 1-year funding from the National Association of Chronic Disease Directors to help create a statewide partner network to build infrastructure and help sustain the National Diabetes Prevention Program—NDPP—in Michigan. The Michigan Diabetes Prevention Network had its first meeting on March 26, and identified network priorities for the year. The DPCP also maintains a partner website to share information and resources. The DPCP maintains and supports an online data collection tool for local diabetes prevention programs to house program data and generate CDC mandated reports. The DPCP is a neutral convener for data use and materials development teams to support local diabetes prevention programs. Local diabetes prevention programs are delivering the program in the community, and a map with local programs and contacts can be accessed on the DPAC website. Several MDCH certified DSME programs have applied for recognition through the CDC's Diabetes Prevention Recognition Program (DPRP) as providers of the NDPP. "Making the Case The Michigan Diabetes Prevention Conference "will be on October 22nd at Weber's Inn in Ann Arbor. A registration form and flyer are in the meeting packet.
- 7. Epidemiology/Surveillance: Staff members from the Surveillance and Program Evaluation Section (of the Lifecourse Epidemiology and Genomics Division) and the DPCP are collaborating to develop an infrastructure to describe diabetes among people served by Michigan Medicaid programs. Analyses will be from a population health perspective and will involve Medicaid claims with an ICD-9 diagnosis of diabetes and Medicaid claims for diabetes-related medications. The primary goal is to identify a cohort of people with diabetes each year and measure their diabetes-related care for that year, which will provide more information on the burden of diabetes among low-income and diabetes populations in Michigan. In addition, staff from both the SPES and the DPCP collaborated to release several diabetes data related products. A MiBRFSS brief on depressive disorders among adult persons with diabetes (PWD) in Michigan was published as well as two fact sheets. The first was an update on diabetes in Michigan. In collaboration with MDCH Oral Health Program, the second fact sheet discussed the importance of oral health care among PWD. Results were presented at the American Diabetes Association's 73rd Scientific Sessions and the 2012 Council of State and Territorial Epidemiologists Annual Conference. An updated Gestational Diabetes Fact Sheet should be released shortly.
- **8. Personnel**: Current staff assignments; Bill Baugh—website manager, Michelle Byrd—Epidemiologist, Dawn Crane—DSME Certification Program and unit lead, Jennifer Edsall—DPAC and coordinated grant, Anne Esdale—Contract Manager and CDC grant coordination, Megan Goff—Diabetes Unit Secretary, Kristi Pier—Prevention and NDPP coordination, and Richard Wimberley—Manager.

If questions please contact Richard Wimberley, Manager of the Diabetes and Other Chronic Diseases Section at wimberleyr@michigan.gov.