Michigan Department of Community Health- Diabetes Prevention and Control Program (DPCP) Highlights

Richard Wimberley, Manager, Diabetes and Other Chronic Diseases Section

DPAC Full Membership Meeting—May 1, 2014

- **1.DSMT CERTIFICATION PROGRAM:** There are 92 MDCH certified DSME programs in Michigan. Aspirus Ontonagon was certified in October, Lakeland Watervliet in November and St. Joseph Livingston (Howell) was certified in December, 2013. MDCH was notified that Botsford Hospital closed their DSME program as of January 1, 2014, and Mercy Memorial in Monroe opted to relinquish their MDCH certification in February. Otsego Memorial Hospital is slated to become the newest certified program with their site visit scheduled for April 28, 2014. To date, seven random site visits for FY13-14 have been completed.
- 2. DIABETES PREVENTION AND CONTROL PROGRAM (DPCP) CDC Grant: In March, MDCH submitted year 2 of the continuation application for the 5 year grant. To review, our MDCH partners on this grant are Obesity, Cardiovascular and School Health. Work over the five year funding cycle (until 2018) will address the CDC's four domains: health systems change, community and clinical linkages, epidemiology and surveillance, and policy and environmental change. But, the majority of the Diabetes work plan will center on health systems change, community and clinical linkages and surveillance (through the Behavioral Health Risk Survey or BRFS). Key activities include the promotion of ADA recognized, AADE accredited, state certified, and Stanford licensed programs and the establishment of health system partnerships to improve diabetes management (specifically through the promotion of team based care and health information technology activities). Submission of a state evaluation plan including tracking of performance measures are required activities with this grant, with enhanced accountability for reporting of results from all funded states to Congress.
- 3. Diabetes Leadership Initiative (DLI) The Diabetes Leadership Initiative (DLI), a small demonstration project in which Michigan participated and was funded through the National Association of Chronic Disease Directors (NACDD), was completed December 31, 2013. A national project summit was held in Baltimore, MD in December, and Michigan DPCP staff presented on a panel discussion. The DLI's purpose was to improve the health of people with diabetes by building awareness among both providers and patients of the need to detect, delay and manage early kidney disease. The Michigan DPCP worked with Henry Ford Health System's DSME Program and the Center for Family Health, an FQHC in Jackson, to institute health system changes so health professionals identified and managed people with diabetes and stage 3 and 4 CKD earlier. Management included referrals to medical nutrition therapy and a nephrologist as appropriate. Short videos designed to provide primary care providers with education on CKD management tips were created with Henry Ford Health System physicians and posted at www.youtube.com/primarycaresnapshots.

- **4. Diabetes PATH**: The DPCP continues to partner with the Michigan Arthritis program to promote Diabetes PATH in Michigan communities. The DPCP promotes and supports Diabetes PATH leader trainings by its various partners. Diabetes PATH (or DSMP) is encouraged through the 1305 grant under DSME.
- **5. Diabetes Prevention**: The DPCP completed its one year funding from the National Association of Chronic Disease Directors in December. The purpose of the grant was to help create a statewide partner network to build infrastructure and help sustain the National Diabetes Prevention Program—NDPP—in Michigan. One of the key achievements was the creation of the Michigan Diabetes Prevention Network. This statewide network established 26 partnerships, held 4 partner meetings, and 6 DPP partners created healthcare referral systems. One of the biggest achievements was the full day Michigan Prevention Conference held in October that had 193 attendees and featured David Marrero as a keynote speaker. Some of the Year Two CDC grant activities include maintaining network communication and technical assistance opportunities, building partnerships with health system partners, and collaborate with DPP partners and others on promoting DPP and its reimbursement models. According to the CDC, there have been almost 400 Michigan enrollees in the DPP program since 2012.
- 7. Epidemiology/Surveillance: Staff members from the Surveillance and Program Evaluation Section (of the Lifecourse Epidemiology and Genomics Division) and the DPCP are collaborating to develop an infrastructure to describe diabetes among people served by Michigan Medicaid programs. Analyses will be from a population health perspective and will involve Medicaid claims with an ICD-9 diagnosis of diabetes and Medicaid claims for diabetes-related medications. The primary goal is to identify a cohort of people with diabetes each year and measure their diabetes-related care for that year, which will provide more information on the burden of diabetes among low-income and diabetes populations in Michigan. In addition, staff from both the SPES and the DPCP collaborated to release several diabetes data related products. A MiBRFSS brief on depressive disorders among adult persons with diabetes (PWD) in Michigan was published as well as two fact sheets. The first was an update on diabetes in Michigan. In collaboration with MDCH Oral Health Program, the second fact sheet discussed the importance of oral health care among PWD. Results were presented at the American Diabetes Association's 73rd Scientific Sessions and the 2012 Council of State and Territorial Epidemiologists Annual Conference. An updated Gestational Diabetes Fact Sheet should be released shortly.
- **8. Personnel**: Current staff assignments; Bill Baugh—website manager, Michelle Byrd—Epidemiologist, Dawn Crane—DSME Certification Program and unit lead, Jennifer Edsall—DPAC and coordinated grant, Anne Esdale—Contract Manager and CDC grant coordination, Megan Goff—Diabetes Unit Secretary, and Richard Wimberley—Manager and Diabetes Prevention Program Lead.

If questions please contact Richard Wimberley, Manager of the Diabetes and Other Chronic Diseases Section at wimberleyr@michiqan.gov.