

Diabetes Prevention and Control Program Updates

Michigan Department of Health and Human Services

Personnel: New staff are Lauren Neely, Public Health Consultant, Diabetes Prevention and Kim Lombard, Assistant DSMT Coordinator.

Anne Esdale, DPAC Coordinator, has taken a new position as Coordinator of the Prescription Drug Overdose Prevention Initiative in the Injury Section at MDHHS, effective 11/28/16.

State Innovation Model (SIM): The State received approximately \$70M (over four years) from the Center for Medicare and Medicaid Innovation (CMMI). The award, made in 2015, will allow MDHHS to test innovative approaches to healthcare transformation and population health improvement.

Michigan's SIM approach features four major components:

Community Health Innovation Regions (CHIRs) – Community-based and health care stakeholders have come together to establish/enhance links between clinical care and community services to address medical *and* social/environmental factors affecting healthcare access, utilization and outcomes, as well as improve overall population health. CHIRs will use a collective impact model, led by one backbone organization in each region. The five funded regions are: Genesee County, Jackson County, Muskegon County, Northern MI (10 county region in NW lower peninsula), and Washtenaw/Livingston counties.

Patient Centered Medical Homes (PCMH) Initiative – SIM will expand upon MI's success at increasing residents' access to PCMHs, which enhance traditional primary care through the use of care managers, team-based care, electronic health records, and improved patient access.

Alternative Payment Models (APMs) – The State will support SIM objectives, in part, through the implementation of APMs, within (but not limited to) Medicaid Health Plans (MHPs). By leveraging existing MHP contract payment reform requirements, SIM aims to increase alternative based payments to providers including practice transformation payments and care coordination fees, and to promote adoption of shared savings/shared risk models.

Health Information Exchange/Technology – SIM will support ongoing state efforts for health care transformation by promoting technical solutions for care coordination, payment model analytics, population health monitoring, information exchange between health care and community entities, evaluation, and reporting.

Getting to the Heart of the Matter: To address multiple chronic conditions and increase access to public health resources through a collective impact framework, six program areas in the Michigan Department of Health and Human Services (MDHHS) Division of Chronic Disease and Injury Control joined to establish an integrated initiative called "Getting to the Heart of the Matter in Michigan." This initiative involves implementing evidence-based population health strategies to achieve a collective impact on increasing healthy lifestyles, decreasing tobacco use, and decreasing obesity among high-risk, vulnerable populations. The six program areas include Diabetes, Oral Health, Physical Activity and Nutrition, Tobacco, Cancer, and Worksite Wellness. *Getting to the Heart of the Matter* in Michigan is implemented in a selection of Community Health Innovation Regions (CHIRs), both urban and rural, with a focus on increasing opportunities for healthier lifestyles through policy, environmental and health systems change, as well as programming. Collectively, the six program areas provide resources, technical assistance, as well as mobilization and convening of partners.

In the first nine months of implementation, this initiative achieved:

- **7** health departments, **6** dental systems and **3** medical clinics implementing tobacco dependence treatment policy changes
 - Over **100** health center staff trained on motivational interviewing and the 5 steps to intervention (5 A's)
- Over **50** community locations and **11** park systems making environmental changes to support healthy lifestyles
- **29** worksites completed the DHEW and are utilizing action plans
- **20** Lifestyle coaches and **12** Enhance Fitness instructors trained
 - **11** DPP and **8** Enhance Fitness classes occurring
 - Over **10** additional referral partners established (plus **13** worksites)
- Over **200** people receiving health coaching through Wise Choices

DSME: In fiscal year 2015, the 93 certified DSME programs enrolled almost 31,000 people across the state. In addition to promotion of the certified programs, the DPCP through its grant work has established health system partnerships to improve diabetes management. Health system strategies include the promotion of team based care, health information technology activities and inclusion of community health workers on health teams.

Diabetes Prevention: As of October 2016, the Diabetes Prevention Program has served over 3,359 participants in Michigan, with an average weight loss of 5.5% among program completers. The DPCP and AMA hosted the Michigan Diabetes Prevention Strategic Implementation Session on October 18. There were 75 attendees representing approximately 60 organizations. Workgroups were formed around the health system policy strategic area of focus. There were two groups that discussed strategies around screening, testing and referral and two groups that discussed strategies around coverage and reimbursement of the Diabetes Prevention Program. Development of the workgroups is ongoing, with a conference call on December 14th to talk with committed partners about next steps.

Multi-Media Public Awareness Campaign: A multi-media public awareness campaign for both diabetes prevention and diabetes management ran from May 16th – July 24th. Media components included radio spots, print ads, billboards, bus transit ads, Google ads and social media. There will be a new media campaign launched in January 2017.

If questions, please contact Richard Wimberley, Manager of the Diabetes and Other Chronic Diseases Section at wimberleyr@michigan.gov