

# Diabetes in Vulnerable Populations Project DPAC Full Membership Meeting May 5, 2011



## **Priority Population and Communities**

- African American adults with diabetes living in:
  - Flint
  - Northwest Detroit
  - Inkster
  - Leadership Partners:
    - MI Diabetes Prevention & Control Program at MDCH
    - UM Center for Managing Chronic Disease





## **How Coalition Came About & Funding**

#### Inkster

- Began with a Phase I Capacity Building Grant from Health
   Disparities Reduction and Minority Health Section of MDCH
- Coalition for a Healthier Community Grant from the Office on Women's on Health
- CDC Grant for Programs to Eliminate Diabetes-Related Health Disparities in Vulnerable Population

#### Flint & NW Detroit

 CDC Grant for Programs to Eliminate Diabetes-Related Health Disparities in Vulnerable Population

## **Overall Mission of Coalitions**

- Reduce health disparities in each city through changes in behavior, policies, and environment that promote healthy lifestyles.
- Reduce health disparities for people living with diabetes through appropriate treatment and management of diabetes and its complications with evidence-based, high quality heath care.

## Flint: Better Health Together

#### Mission

Promoting healthy living and positive choices to decrease the unequal impact of diabetes in our community.

#### Vision

Flint is a socially responsible community where the root causes of health inequity are addressed.



## **NW Detroit:** Community Against Diabetes

#### Mission

To promote health equity in Detroit through policy-making, environmental changes, community awareness, and action by developing resources through strategic collaboration.

#### Vision

- H Health
- E Equity,
- A Access,
- L Learning, and
- **E** Empowerment in
- **D** Detroit



## **Inkster:** Partnership for a Healthier Community

Mission

To improve and develop safe, healthy, educated neighborhoods through community action and resources

Vision

I - HEAL

Inkster – Healthy, Equal, and Living



## **Types of Community Partners Involved**

- 1. Community-At-Large community residents, city officials and stakeholders that can impact the social and built environments; such as food access, walkability or bike-ability, and personal safety.
- 2. Community Institutions/Organizations entities within the community that provide a broad range of human services and access to facilities, such as childcare settings, faith-based organizations, YMCAs, community-based agencies, senior centers, health and wellness organizations, and colleges/universities.
- Health Care people who work at places in the community where people go to receive preventive care or treatment, or emergency health care services; such as hospitals, private doctors' offices, or community clinics.
- 4. Schools people who are involved in primary and secondary learning institutions (e.g., elementary, middle and high schools, whether private, public, or parochial).
- 5. Work Sites representatives of places of employment; such as private offices, restaurants, retail establishments, or government offices.



## **Community Change Process**

**COMMITMENT** 

• Coalition formation and development

**ASSESSMENT** 

Capture community snapshot (local-level data)

**PLANNING** 

• Prioritize targeted actions & develop strategic plan

**IMPLEMENT** 

Quick wins vs. long term focus

**EVALUATE** 

• Document success, impact & outcomes



## Lessons Learned: Principles of Healthy Communities

- Create a compelling vision from shared values
- Embrace a broad definition of health and well-being
- Address quality of life for everyone
- Engage diverse citizen participation & be citizendriven
- Multi-sector membership & widespread community ownership
- Benchmark progress and outcomes



## **Next Steps**

- Develop a Multi-Year Strategic Plan for each community by September 2011
- Implement NDEP-based awareness campaign
- Implement plan objectives
  - policy change
  - evidence-based interventions
- Ongoing evaluation



## **Questions?**

## We welcome additional partners from DPAC

- If interested, contact:
  - Charlene Cole (NW Detroit) ccole@nkfm.org
  - Laurie Gustafson (Flint) lgustafson@nkfm.org
  - Sandy Waddell (Inkster) <a href="mailto:swaddell@nkfm.org">swaddell@nkfm.org</a>
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  - Call NKFM at 734-222-9800



