



## DPAC Full Membership Meeting Minutes October 8<sup>th</sup>, 2010

Micki Juip and Peter Dews, DPAC Co-Chairs, welcomed new and returning members to the full member meeting and reviewed the agenda. They thanked Novo Nordisk and Sanofi-Aventis for sponsorship of the meeting.

### **Diabetes Prevention and Control Program (DPCP) Update**

Dan Diepenhorst, MDCH Diabetes and Kidney Disease Unit Manager, announced level funding for the FY 2010-2011 diabetes state budget. However, due to the projected budget shortfall, state deficits and cuts are expected. Some of the Diabetes Unit projects include the ongoing development of the Michigan Diabetes Action Plan 2011-2014, DSME Sustainability Workgroup, and community coalition building in Saginaw and Berrien County. A brief update was given on the addition of the Diabetes Prevention Program national partnerships with CDC, United Health and YMCA (MDCH had completed its own 16 weeks session pilot in a DSME site) and additional promotion of the shelf nutrition ratings. Website additions include new professional education modules, new information on the Diabetes Data Library, [www.michigan.gov/diabetes](http://www.michigan.gov/diabetes), and updates to West Michigan Diabetes and Cardiovascular Collaboration and DPAC websites. In addition, there have been some staff changes. Anne Esdale has returned to the Diabetes Unit, and Dan Diepenhorst will be retiring at the end of December.

### **DPAC Workgroups and Membership Committee Reports**

The workgroups met from 10:30 – 12:00, before lunch. Each workgroup reported out on their current activities and/or their priorities for the coming year. The highlights include:

- Membership – New member orientation was provided prior to this meeting with six new members. This year the committee revised the Membership Committee Charter and the DPAC Member Job Description. At the end of the fiscal year, the Membership Committee and its duties were folded into the DPAC Board of Directors.
- Training and Education Programs – The workgroup wrapped up its oral health and pregnancy projects and has selected health literacy as its next project. Currently the workgroup is reviewing materials and will specifically focus on finding low literacy materials. The group will present on health literacy at the Spring DPAC meeting.
- Communications and Public Awareness - The workgroup has disseminated three newsletters and will have an upcoming issue highlighting November Diabetes Awareness Month materials. Additional work included the DPAC display board at various events as well as updates to the DPAC website and Facebook pages. The group also thanked Mike Steigymeyer, former workgroup co-chair, for his efforts and welcomed Anne Esdale back as the staff lead.
- Prevention – Some of the workgroup accomplishments include revising the Prediabetes brochure, working on the Diabetes and Prediabetes Treatment Guidelines, and the submission of newsletter articles related to prevention. Today the group concentrated on activity ideas and work plan for the upcoming year.
- Data, Research and Evaluation – The DaRE workgroup completed the A1C for the Diagnosis of Diabetes Translation Brief, assisted in the Diabetes Fact Sheet, and are currently working on sleep and diabetes and ACCORD study results translation briefs. An

upcoming brief on cost analysis will be completed next year. Another translation brief idea was discussed on the qualifications and explanations of evidenced-based programming.

- Advocacy and Public Policy – The next Diabetes and Kidney Day is April 14<sup>th</sup>, 2011. There are no federal or state legislation updates to report. The group is still working with the Michigan Department of Education on revising the Management of Diabetes in a School Setting and reviewed the latest draft in today's meeting. Finally, Sally invited DPAC to participate in the November Diabetes Awareness event at the Capitol on November 9<sup>th</sup>. This is not a DPAC event, but all are invited to participate.

### **DPAC Board Update**

Peter Dews highlighted a variety of handouts in the folder, including the new fact sheets and county surveillance tables. Peter will be taking a new position as Chief Medical Officer and Vice President of Medical Affairs at St. Mary Mercy Hospital in Livonia. Congratulations Peter! It was announced that Kathy Pruneau-Hill has recently stepped down from the DPAC Board. Kathy was honored for her leadership on the Board and on the Membership Committee. Tributes were given by Mary Jean Klebba and Micki Juip and a certificate was presented. Additionally, Dan Diepenhorst was recognized for all of his work as the former DPAC Coordinator and as the Diabetes Unit Manager. Peter, Micki, Mary Jean, and Richard Wimberley shared personal stories and thanked Dan for all of his efforts. Thank you Kathy and Dan!

### **Health Care Reform: Focus on Prevention**

Gregory Holzman, MD, Chief Medical Executive for the Michigan Department of Community Health, gave an overview of health care reform. A background on the need for reform and key initiatives of the Affordable Care Act (ACA) were presented. A focus was given on access to care, and prevention and wellness coverage and initiatives (specifically related to diabetes) was discussed. A video on the basics of health care reform by Kaiser Family Foundation was shown:

<http://healthreform.kff.org/the-basics.aspx>

### **One Woman's Journey**

Latecia Turner, Nutritional Options for Wellness (NOW) at Spectrum Health gave an inspiring presentation on her work with NOW participants and the positive wellness changes her and her family have made. These changes include increased physical activity, dietary changes, and weight loss. Ms. Turner is inspired by the work done by DPAC, local programs, and considers herself a diabetes and community advocate. The Turner family is featured in the NDEP National Diabetes Awareness Month campaign materials.

### **National Diabetes Education Program (NDEP)**

Martha Funell, MS, RN, CDE, Chair of the National Diabetes Education Program, gave an overview of the NDEP program and its online resources, [www.yourdiabetesinfo.org](http://www.yourdiabetesinfo.org). Featured specific programs included: Support for Behavior Change Resource, MOVE!, Sit and Be Fit, Journey for Control, Get Fit on Route 66, Eat Smart. Play Hard, Bodyworks, AIMHI, GAME PLAN Toolkit, and Transitions from Pediatric to Adult Care. The latter part of the presentation included November National Diabetes Awareness Month resources for participants.

Micki Juip thanked everyone for attending and for all of their many contributions they provide in the workgroups.

The Full Member meeting was adjourned at 4:00 p.m. See Attachment A for a full list of handouts.

The next DPAC full member meeting is scheduled for May 5<sup>th</sup>, 2011 at the Kellogg Center, East Lansing.

## **APPENDIX A**

The following handouts and support materials were provided as part of the participant packet:

- DPAC Full Membership Meeting Agenda – October 8, 2010
- National Diabetes Education Program (NDEP)-presentation slides
- DPAC Fall 2010 Newsletter
- Facebook 101 Handout
- Investing in Prevention: The New National Prevention, Health Promotion and Public Health Council Fact Sheet
- Affordable Care Act of 2010: Nurse Guide
- Prediabetes Brochure (revised)
- Diabetes and Prediabetes Fact Sheets
- Michigan BRFSS Surveillance Brief (Highlights, Weight Status, High Blood Pressure)
- 2010 MDCH Public Forum, vol.4, issue 1
- Michigan Diabetes Surveillance Tables
- MDCH Diabetes and Kidney Disease Unit Update
- DPAC Full Membership Meeting Evaluation Form
- DPAC Member List-Fall 2010
- DPAC Workgroup and Committee Leadership Contact List
- DPAC Nomination Form
- DPAC Full Membership Meeting Minutes – April 29<sup>th</sup>, 2010
- Kellogg Center floor plan