



DPAC Full Membership Meeting Minutes May 2, 2013

Dr. Paul M. Dake, DPAC Co-Chair, welcomed new and returning members to the meeting and reviewed the agenda. Dr. Dake thanked Jan Holcomb from Lilly for their meeting support and also introduced all new members and guests. Lastly, all members were encouraged to complete an updated Conflict of Interest form.

Diabetes Prevention and Control Program (DPCP) Update

Richard Wimberley, Michigan Department of Community Health (MDCH) Diabetes and Other Chronic Diseases Section Manager, spoke very briefly on DPCP updates. Some noted highlights include information on diabetes prevention efforts, the new Centers for Disease Control and Prevention (CDC) joint grant application and a broad outline of the MDCH 2013 Strategic Priorities. Participants were directed to handout in the folder for detailed program highlights.

DPAC Workgroups and Membership Committee Reports

The workgroups met in the morning and each workgroup reported on their current activities. The highlights include:

Advocacy and Public Policy:

Sally Joy reported a successful Diabetes and Kidney Advocacy Day was held this week; however there has been a cut to the Diabetes and Kidney line. Advocates are hopeful this will be restored before the MDCH Budget is finalized. The workgroup is continuing to develop and distribute legislative educational one pager(s) and are also tracking federal diabetes bills. Lastly, their big project this year is the promotion of the Michigan Department of Education (MDE) Model Policy on the Management of Diabetes in the School Setting. The workgroup is finalizing a one pager on the policy and is working with MDE on promotion efforts to parents and children, school personnel (including Intermediate School Districts), and medical personnel. MDE will re-send the policy to all school districts.

Communication and Public Awareness:

Robin Nwankwo reported the workgroup is encouraging DPAC members to utilize the *Make A Move* products, including the third tagline: *Make A Move: Small Steps Can Prevent Diabetes*. Please pick up materials at the registration desk and also the online materials. The latest DPAC newsletter is in the folder and available on the website, www.dpacmi.org. One of the ideas discussed today is a new page on the website for new members. This could be helpful for new members who join in between full member meetings or who are unable to participate in the new member orientation session.

Data, Research, and Evaluation (DaRE):

Michelle Byrd reported DaRE is working on two products related to the Affordable Care Act and diabetes. The first is a translation brief article on access and financial barriers after health care reform and the other is how Affordable Care Organizations (ACOs) could impact people with diabetes. The workgroup today created a first draft and outline of the ACO fact sheet. This fact sheet will focus on the CMS Innovation Center Pioneer ACO Model, including Michigan grantees. It is expected the fact sheet will be completed in the fall.

Prevention:

Bill Young reported the Workgroup is solely focused on the Diabetes Prevention Program (DPP) and is divided into two sub-teams: the Employer Team and the Third Party Payer Team. The Employer Team is working on a DPP program one pager and marketing materials for prospective employers.

They have mapped the YMCA and pending recognized programs implementing the DPP and are also compiling prospective employers to contact. Their goal is to identify 10 employers by June and have one implement the NDPP by the end of the year. The Third Party Team is also developing marketing materials and identified health plans. They are working with the Michigan Association of Health Plans and one thing they are exploring are DPP program proper/uniform pricing and reimbursement. New York has done some preliminary work in this area and the workgroup will be exploring this effort. If you have any interest or would like to engage in this effort, please see Bill.

Training and Education

Gloria Palmisano reported they are wrapping up their year -long monthly one pagers on reducing barriers to diabetes care. Some are general topics, while others target specific populations. Please help distribute, copies are located on the Training and Education webpage. The workgroup is deciding their 2013-2014 goals and identified potential topics. They include assisting in the development of ongoing training and/or support for DPP lifestyle coaches and also looking at social media. There will be an in-person meeting next month to brainstorm and develop a work plan.

The Alliance to Reduce Disparities in Diabetes: Successes, Challenges, Lessons Learned, and Implications for Michigan

Dr. Belinda Nelson provided an overview of the Alliance project including its overall goal to reduce disparities in diabetes by changing the outlook for those who experience the worst outcomes in diabetes management. The target population includes those with low income levels, African Americans, Latino/Hispanic people, and American Indians. This will be done by targeting interventions at the health system, patient, and provider level. Dr. Nelson gave an overview of project activities, successes, preliminary outcomes, lessons learned for each of the five community sites. The communities include Dallas (Texas), Chicago (Illinois), Memphis (Tennessee), Camden (New Jersey), and Wind River Reservation (Wyoming). To learn more about the Alliance please see presentation slides.

Tribute to Micki Juip

Unfortunately, Micki was unable to attend due to illness. The tribute is moved to the fall meeting.

New DPAC Co-Chair

Dr. Dake was pleased to announce Kim Harrold RN, BSN CMCN MBA has been selected as the new co-chair. Ms. Harrold is the manager in the Disease Management Program at HealthPlus of Michigan and a long term DPAC member participating in the Training and Education Workgroup. We are very pleased to have Kim as our new Co-Chair! Kim briefly addressed the membership. Please see handout for additional information.

Diabetes: The Transitions from Adolescence to Adulthood

Cassie Bunker gave a personal account of managing diabetes. Diagnosed in 1994, Ms. Bunker presented on the challenges of managing when she was first diagnosed, holidays and special occasions, and also in the teenage years. She went on to discuss management issues in college and also now as an adult with full time responsibilities. Cassie discussed some advice for working with people with diabetes, some practical diabetes management tips, and also her work and her unique perspective as a pediatric nurse at the Children's Hospital of Michigan. Please see presentation slides to learn more.

Tai Chi for Diabetes

Fred Goff from The Art of Transition gave some history of tai chi and qigong and how it could be helpful for people with diabetes. He led the group in a group exercise demonstrating several movements and then did a full demonstration at the end.

PATH: Seeing “It” Your Way

Karen McCloskey and Dawn Crane from the MDCH Diabetes and Other Chronic Diseases Section presented on the Stanford Chronic Disease Self-Management Program (called PATH in Michigan) as well as Diabetes PATH. Dawn presented on some of the differences between the programs, how Diabetes PATH is different from Diabetes Self-Management Education, and also accreditation and reimbursement. Karen followed Dawn by giving some reach and demographics of both PATH and Diabetes PATH in Michigan. This included counties, gender, age, and type of chronic condition. Please see slides for more information.

The Co-Chairs thanked everyone for attending and for all of their many contributions they provide in the workgroups.

The Full Member meeting was adjourned at 4:00 p.m. See Appendix A for a full list of handouts. The next DPAC full member meeting is scheduled for November 14th, at the Radisson in downtown Lansing. An event recognizing World Diabetes Day (November 14th) and Diabetes Month will be held that day at the State Capitol.

APPENDIX A

The following handouts and support materials were provided as part of the participant packet:

- DPAC Full Membership Meeting Agenda
- MDCH Diabetes Prevention and Control Program Update
- The Alliance to Reduce Disparities in Diabetes-presentation slides
- New DPAC Co-Chair Kim Harrold handout
- Diabetes: The Transitions from Adolescence to Adulthood-presentation slides
- Tai Chi: Tapping Sequence for Relaxation
- PATH: Seeing “It” Your Way-presentation slides
- DPAC Spring Newsletter
- MDCH 2013 Strategic Priorities
- 2013 MDCH Diabetes in Michigan Update
- Diabetes and Disabilities Reducing Barriers One Pager (Training and Education Workgroup)
- Listing of new DPAC products since the October 2012 Fall DPAC Meeting
- *Make A Move* Diabetes Awareness Initiative toolkit
- DPAC FY 12 Annual Report
- DPAC Fall Full Membership Meeting Minutes
- DPAC Full Membership Meeting Evaluation Form
- DPAC Member List-Spring 2013
- DPAC Workgroup Contact List
- MSU Kellogg Center floor plan

Additional materials distributed: *Make A Move* products and Lilly “The Campaign for Modern Medicines”.