



DPAC DIGEST

New Resources Available



Visit www.dpacmi.org to learn more

Many health organizations underscore that racism is a longstanding public health crisis that impacts both mental and physical health. Systemic racism undermines equity and opportunity and is far-reaching in health, education, economic opportunity, employment, housing, transportation and criminal justice. The dpacmi.org health equity page serves to share resources and learning opportunities for our partners. Please review this updated page.

WHAT'S YOUR STORY?

Register Now!
DPAC Forum – Virtual Conference
The 2020 DPAC Forum will be hosted online. Please join us on **Thursday, December 3**, for diabetes education, facilitated discussion and a preview of the 2021-2025 Michigan Diabetes Improvement Plan. This conference has been approved for Nursing and RD continuing education credit. [There is no fee to attend, but you must register to reserve your spot.](#)



Sally Joy Leadership Award Nominations Open
Do you know someone who should be recognized for their leadership and passion for diabetes prevention or self-management? [DPAC is accepting nominations for the Sally Joy Leadership Award.](#)
Sally Joy Celebration of Life
Please join family, friends and colleagues on Sunday, August 9 from noon-3pm at the Nie Funeral Home. This will be an outdoor event. Please rsvp to John, lajms@sbcglobal.net.

STAY WELL Michigan.gov/StayWell

Mental Health Resources
COVID-19 Emotional Support
If you're feeling emotional distress due to the COVID-19 pandemic, help is available. There are many ways to connect with emotional-support services without the need to leave home. **Please use this website to access crisis counseling, video resources and behavioral health guides**

Partner & Program Updates



Act to Expand COVID-19 Testing

Tell your Senators to help people with diabetes by co-sponsoring the TRACE Act to direct more COVID-19 testing into underserved communities.

Senators Angus King (I-ME) and Lisa Murkowski (R-AK) introduced the COVID-19 Testing, Reaching, and Contacting Everyone (TRACE) Act to enable local organizations to mobilize testing and contact tracing efforts in underserved communities.

Take action at <https://www.diabetes.org/TRACE-bill-support-senate-bill#/14/>.



ADA Highlights from the 80th Scientific Sessions

The American Diabetes Association and Infomedica announce the availability of the official highlights of the Virtual 80th Scientific Sessions. Access the highlights to learn about key topics in diabetes and review the clinical insights and current research discussed at this year's meeting. Along with conference summaries and slide sets from key presentations, the online program features English-language and localized versions of interviews with a selected faculty in multiple languages. Take a look at: www.adahighlights.com.



Juvenile Diabetes Research Foundation

JDRF One Walk, East Lansing *On Wheels*

Date: Saturday, October 24th

Parade Start Time: 10:00am

Location: Delta Dental of Michigan Campus

4100 Okemos Road, Okemos

Register Online: www.walk.jdrf.org

Prizes for the top 5 best decorated cars in the parade. Announced on Social Media after the event.

This is a COVID-safe event. Families will enjoy the celebration from their cars.



Make health or wellness changes in your life: Even from a distance!

The National Kidney Foundation of Michigan (NKFM) is now offering many programs through distance learning! The NKFM has retooled many of its programs to be offered online or through other means that do not include in-person participation, this also includes new programs specifically adapted to do on your own but with regular support from the NKFM staff. The NKFM remains ready to help you improve your health through distance learning in a variety of areas including increasing physical activity, managing chronic diseases, preventing diabetes, children's health, and more.