



DPAC DIGEST

2020 DPAC Conference

December 3, 9:00am – Noon



Register Now: <https://www.surveymonkey.com/r/36S3SCH>

STORIES CONNECT, INSPIRE AND SUPPORT CHANGE.

Join us online for the DPAC Forum on December 3 from 9am - Noon.

This virtual event will provide a morning to Celebrate & Learn with Diabetes Advocates.



Register Now!

DPAC Forum – Virtual Conference

The 2020 DPAC Forum will be hosted online. Please join us on **Thursday, December 3, 9:00am – 1:00pm** for diabetes education, facilitated discussion and a preview of the 2025 Michigan Diabetes Improvement Plan.

Topics Include

- Caravan to Canada: BeyondType1
- College Diabetes Network-Transitions
- Diabetes and Cardiovascular Health
- Diabetes and Mental Health

This conference has been approved for Nursing and RD continuing education credit. [There is no fee to attend, but you must register to reserve your spot.](#)



Sally Joy Leadership Award Nominations Close 10/2/2020

Do you know someone who should be recognized for their leadership and passion for diabetes prevention or self-management? DPAC is accepting nominations for the Sally Joy Leadership Award. If you have already submitted a nomination, there is no need to submit it again. Nominations will close on 10/2. The 2020 Sally Joy Leadership Award will be presented at the DPAC Forum on December 3. Please join us!

Sally Joy Award Nomination
<https://www.surveymonkey.com/r/QCTJWTF>



Resources Available

www.dpacmi.org - Health Equity

Anti-Racism, Health Equity and Social Justice resources are available on the [dpacmi.org - Health Equity page](#). Find resources to help you **Learn!** Books, podcasts and articles to read.

Resources to help you **Connect!** Webinars and continuing education courses. Resources to help you **Act!** An organizational self-assessment tool and guides to download to identify five working principles for Health Justice and Racial Equity. Use and share these resources in your organization and the communities you serve. If you have additional resources to share, please send to stagga@michigan.gov.

Partner & Program Updates



Project Power

PROJECT POWER is a dynamic and interactive program utilizing nutrition education, increased physical activity and family involvement to prevent obesity, type 2 diabetes and its complications in youth ages 7-13. The program objectives are to:

- **Educate** youth at risk for developing type 2 diabetes and their families
- **Engage** youth and their families in interactive physical activities and nutrition education sessions throughout the fall
- **Connect** youth to reduce feelings of isolation, increase social skills, improve confidence and independence in healthy eating and active lifestyles

Volunteers are vital to the successful implementation of the program.

TO REGISTER OR LEARN MORE www.diabetes.org/projectpower (Deadline 10/16/20)

PROJECT POWER Flyer: <https://dpacmi.org/documents/Project-Power-Flyer.pdf>

PROJECT POWER Narrative: <https://dpacmi.org/documents/Narrative-Project-Power.pdf>



Juvenile Diabetes Research Foundation

JDRF One Walk *On Wheels*; Events to be held in Ann Arbor, Detroit, Grand Rapids and East Lansing

See cities, dates and information online at: <https://www.jdrf.org/michigannah/>

JDRF One Walk has one goal: to create a world without type 1 diabetes (T1D). When you participate, the money you raise supports life-changing breakthroughs that give hope to everyone impacted by this disease. And, you'll have a great time doing it! That's because you'll walk with a committed community that is passionate about doing whatever it takes to live in a world without T1D.

This is a COVID-safe event. Families will enjoy the celebration from their cars.



Distance Learning for Adults and Kids: Make health or wellness changes in your life - Even from a distance!

The National Kidney Foundation of Michigan (NKFM) is now offering many programs through distance learning! The NKFM has retooled many of its programs to be offered online or through other means that do not include in-person participation, this also includes new programs specifically adapted to do on your own but with regular support from the NKFM staff. The NKFM remains ready to help you improve your health through distance learning in a variety of areas including increasing physical activity, managing chronic diseases, preventing diabetes, children's health, and more.

For more information, visit nkfm.org/distancelearning or call 800-482-1455.