

STATE OF MICHIGAN



CERTIFICATE OF PROCLAMATION

ON BEHALF OF THE PEOPLE OF MICHIGAN
I, Rick Snyder, governor of Michigan, do hereby proclaim
November 2012 as

DIABETES AWARENESS MONTH

WHEREAS, an estimated 10 percent of Michigan's population have been diagnosed with diabetes and more than 2.6 million Michigan residents age 18 or older have pre-diabetes; and,

WHEREAS, a person's risk of developing diabetes strongly relates to the number of and the relationship to family members that have diabetes; obesity, being overweight and participating in little to no physical activity also contributes to the risk of diabetes; and,

WHEREAS, moderate physical activity for at least 30 minutes a day, five days a week, along with healthy nutritional habits and moderate weight loss, significantly reduces the risk of diabetes in people with pre-diabetes; and,

WHEREAS, during this month, we join with the Michigan Department of Community Health and the American Diabetes Association to raise awareness of diabetes in the Great Lakes State; we encourage all citizens to observe this month by finding ways to get active and to learn more about the risks of this devastating disease;

NOW, THEREFORE, I, Rick Snyder, governor of Michigan, do hereby proclaim November 2012 as Diabetes Awareness Month in Michigan.




Rick Snyder
Governor

