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# Connected for Life.



There's nothing we can't accomplish  
when we're Connected for Life.

## Project Power

Project Power is a dynamic and interactive program utilizing nutrition education, increased physical activity, and family involvement to prevent obesity, type 2 diabetes and its complications in youth ages 7 - 13.

## Volunteer

Group leaders are critical to the success of Project Power. Do you desire to make a difference in your community? Are you 18 years or older? Do you like to have fun! If so, we have a role for you.

## Program Sessions

October 13 - 31, 2020  
November 3 - 21, 2020

## Free

No cost to families

## Learn More

[ProjectPower@diabetes.org](mailto:ProjectPower@diabetes.org)



National Sponsor



### PROGRAM SESSIONS

#### Tuesdays

1PM HST | 2PM AKST | 3PM PST | 4PM MST | 5PM CST | 6PM EST

#### Saturdays

8AM HST | 9AM AKST | 10AM PST | 11AM MST | 12PM CST | 1PM CST

### REGISTER TODAY

[diabetes.org/projectpower](https://diabetes.org/projectpower)