



The Road to Health Toolkit

A new product from the National Diabetes Education Program

A type 2 diabetes primary prevention kit designed for community health workers and promotores who work with African American/African Ancestry and Hispanic/Latino communities.

Download components of the toolkit from www.ndep.nih.gov, or order single copies free. You may also order at 1-888-693-NDEP (6337). Shipping and handling fees will apply.



ORDER NOW!

Basic Toolkit Components:

- User's Guide
- Flipchart
- Activities Guide
- Photo Journal
- Resource Guide
- The Road to Health Supplemental CD-ROM
- The Road to Health Limited Edition Tote Bag*

*The tote bag is only available while supplies last.

Other toolkit components that can be ordered separately:

- The Road to Health Training Guide
- The Road to Health Training Video
- CD/DVD Movimiento Por Su Vida
- CD/DVD Step by Step: *Moving towards prevention of Type 2 Diabetes*
- VHS copy of the music videos from *Movimiento Por Su Vida* and *Step by Step*
- NDEP Food and Activity Tracker
- NDEP Fat and Calorie Counter



If you would like to learn how to obtain continuing education credits for The Road to Health Toolkit please visit http://www.cdc.gov/diabetes/ndep/continuing_education.htm for more information.

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